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「雷利衛徑長征」2011 賽前提示

參加「雷利衛徑長征」2011 的您：

(1) 登記及起跑時間

請留意各項賽程的登記及起跑時間：

賽程	登記時間	起跑時間	地點	前往方法
跨越終極 終極全征〔精英 及男子隊伍〕	2011 年 10 月 15 日 上午 7 時 至 7 時 45 分	上午 8 時正	大潭水塘 2 號燒烤場 (近陽明山莊) (網格座標： KK117 641)	參賽者可乘搭以下途經黃泥涌峽道的巴士，於黃泥涌水塘公園下車，步行上樓梯再沿路行約 20 分鐘至登記地點（入口於廁所對面）。 巴士站：黃泥涌水塘公園（蜆殼油站下車）路線： 城巴 6, 41A, 76 新巴 63, 66
終極全征〔女 子、混合、學生 及機構隊伍〕 越野日征	2011 年 10 月 15 日 上午 8 時 15 分 至 9 時	上午 9 時 30 分	四號檢查站 (慈雲山沙田坳) (網格座標： KK116 748)	1) 黃大仙盈鳳里轉乘往觀音花園之穿梭巴士 NR806 直達登記地點； 或 2) 於黃大仙港鐵站 A 出口乘坐 18 或 18M 號小巴，於慈雲山法藏寺下車，沿沙田坳道步行約 30 分鐘前往登記地點。
探險夜征	2011 年 10 月 15 日 晚上 8 時 30 分 至 9 時 15 分	晚上 9 時 30 分	四號檢查站 (慈雲山沙田坳) (網格座標： KK116 748)	1) 黃大仙盈鳳里轉乘往觀音花園之穿梭巴士 NR806 直達登記地點； 或 2) 於黃大仙港鐵站 A 出口乘坐 18 或 18M 號小巴，於慈雲山法藏寺下車，沿沙田坳道步行約 30 分鐘前往登記地點。

- ** 請帶備身份證明文件作登記之用。
- ** 如參賽隊伍未能於登記時間內完成登記，大會有權取消其參賽資格。
- ** 必須帶齊大會要求的參賽裝備（具充足電量的手提電話、哨子和使用筆芯電 AA/AAA 之電筒／頭燈）。
- ** 必須每隊帶備至少一枝原子筆以便填寫各檢查站之關閉時間於號碼布上。

(2) 行李寄存服務（不適用於機構接力賽之隊伍）

大會將為每隊寄存一件已包裝妥當的行李。詳情請參看網上參賽者手冊第 8 頁：

<http://www.raleigh.org.hk/wilsontrail/downloads/RCWT2011-Participants'%20Handbook.pdf>

(3) 提供蒸餾水及礦物質水

(由大會指定飲品贊助商屈臣氏集團提供)

比賽當日，大會將為參賽者提供蒸餾水及礦泉水，參賽者請自備水樽。詳情請參看：

http://www.raleigh.org.hk/wilsontrail/race_route_big5.php?pcode=race_route&plang=big5



(4) 終點(南涌)至粉嶺港鐵站免費接載服務

大會將於 10 月 16 日上午 7 時至下午 6 時在終點(南涌)為參賽者提供往粉嶺港鐵站之免費穿梭小巴服務(約每二十至四十分鐘一班)。名額有限，參賽者需憑大會當日在終點(南涌)派發之車票登車，派完即止。

(5) 最新消息通知

大會將透過賽事網站及電郵通知最新消息(如惡劣天氣下之安排)，敬請密切留意。

(6) 「衛徑·青年·世界」

相信各參賽者的訓練已進行得如火如荼，大會祝願各參賽者在第十二屆「雷利衛徑長征」可以突破自己，取得佳績，但最重要的是，希望各參賽者享受比賽之餘，更能了解我們雷利計劃(香港)所做的工作，身為多屆或首屆參賽者的您，知道什麼是「衛徑·青年·世界」嗎？

「衛徑·青年·世界」為本年度「雷利衛徑長征」的口號，喻意您在衛徑踏出的每一步，都會支持更多的青年人前往海外參與義工服務，擴闊他們的視野和毅力，繼而改變世界。所以，大會希望透過舉辦慈善行山比賽，除了可以支持本地青少年發展，更可以推廣大會「挑戰自己」、「衝出世界」的精神。大家有否留意，由越野日征的 30 公里到跨越終極的 156 公里，賽程難度層層遞進，正是「挑戰自己」？我們希望參賽者最後能亮相於法國國際賽事「The North Face®Salon de l'Ultra-Trail®」，與本地青年到海外參與義工服務一樣，一起「衝出世界」。「雷利衛徑長征」為此國際賽事之認可賽事之一。

如果想了解更多雷利計畫(香港)的最新動向。歡迎瀏覽以下網頁之最新通訊：
http://www.raleigh.org.hk/chi/coming/L2_Newsletter.php

雷利計劃(香港)
雷利衛徑長征 2011 籌備委員會

「雷利衛徑長征」
賽事熱線 : (852) 8101 4622
賽事傳真 : (852) 3013 8722
賽事電郵 : wilsontrail@raleigh.org.hk
賽事網頁 : <http://www.raleigh.org.hk/wilsontrail>

雷利計劃(香港)為香港註冊的慈善機構(稅局檔號: 91/3386)



Raleigh Challenge – Wilson Trail 2011 Pre-Event Reminder

Dear Participants

(1) Registration and Start Times

Please take note of the following registration and start times:

Course	Registration Time	Start Time	Venue	How to get there?
Prohiker - Round Trip Course & Challenger - Whole Course [Elite & Men Teams only]	15 October 2011 7:00 a.m. - 7:45 a.m.	8:00 a.m.	Tai Tam Reservoir BBQ Site No.2 (Near H.K. Parkview) (Grid Reference: KK117 641)	Participants can take the following buses that pass Wong Nai Chung Gap to the Registration Venue. Get off at Wong Nai Chung Reservoir Park, get upstairs and walk for about 20 minutes to Tai Tam Reservoir BBQ Site No.2 (opposite to the toilet).
Challenger - Whole Course [Women, Mixed, Students & Corporate Teams] Explorer - Day Course	15 October 2011 8:15 a.m. - 9:00 a.m.	9:30 a.m.	Tai Tam Reservoir BBQ Site No.2 (Near H.K. Parkview) (Grid Reference: KK117 641)	Bus-stop: Wong Nai Chung Reservoir Park (get off at Shell Gas Station) Citybus: 6, 41A, 76 New World First Bus: 63, 66
Adventurer - Night Course	15 October 2011 8:30 p.m. - 9:15 p.m.	9:30 p.m.	Check Point 4 (Shatin Pass, Tsz Wan Shan) (Grid Reference: KK116 748)	Participants can get to the Registration Venue by: 1) No. NR806 Shuttle Mini Bus from Ying Fung Lane, Wong Tai Sin to Kwun Yam Garden ; or 2) No. 18 or 18M Mini Bus from Wong Tai Sin MTR Station (beside Exit A), get off at Fat Chong Temple in Tsz Wan Shan and walk along the Shatin Pass Road for about 30 minutes.

**** Please be reminded to bring along identification documents for registration.**

**** The Organizer reserves the right to disqualify any team which has not completed registration in due time.**

**** Please be reminded to bring along all required equipment (a fully-charged mobile phone, a whistle and a torch / head lamp with enough AA/AAA batteries).**

**** Each team must also bring at least one ball pen for writing the closing time of each check point on the number bib.**



(2) Luggage Handling Service (not applicable to Corporate Relay Team)

The Organizer will store 1 well-packed luggage for each team. For details, please refer to p.11 of online handbook:

<http://www.raleigh.org.hk/wilsontrail/downloads/RCWT2011-Participants'%20Handbook.pdf>

(3) Provision of Distilled Water and Mineral Water (by our official beverage sponsor - Watsons Water)

Both distilled water and mineral water will be provided on Event Days. Please bring your own water containers. For details, please refer to http://www.raleigh.org.hk/wilsontrail/race_route_en.php.

(4) Free Shuttle Van Service from Finish Point (Nam Chung) to Fanling MTR Station

The Organizer will offer free shuttle van service for participants from Finish Point (Nam Chung) to Fanling MTR Station on 16 October from 7 a.m. to 6 p.m. (approx. 20-40 minutes). Due to limited quota, service will be only provided to those participants who get our tickets at the Finish Point (Nam Chung) on that day.

(5) Notification of Latest Updates

Latest updates (such as arrangement under adverse weather) will be announced through Event Website and email. Please pay attention to these announcement channels.

(6) 'You Walk the trail. Youth Change the world'

How is it going with your practice for Raleigh Challenge – Wilson Trail 2011 (RCWT 2011)? May we wish you good luck and best performance in the Event. As the Organizer, we try to convey a message that the

Event is not only a hiking race, but also an opportunity for letting the general public understand what Raleigh Hong Kong does for youth development. Do you know the meaning of the slogan of RCWT 2011 - 'You **W**alk the trail. Youth **C**hange the world' ?

'You **W**alk the trail. Youth **C**hange the world.' literally means that 'every step you walk on the trail supports more youths to serve the worldwide community'. The spirit of RCWT also promotes 'personal limit exploration' and 'getting out there'. The provision of 4 courses, from Explorer Day Course 30km to Prohiker Round Trip Course 156km, serves the purpose of progressively exploring your physical limits. You, just like the local teenagers who will perform voluntary work overseas, can get out there by joining the international hiking race 'The North Face@Salon de l'Ultra-Trail®' which recognizes Raleigh Challenge – Wilson Trail as its qualifying race.

To get the updated information about Raleigh Hong Kong, please read our e-news by visiting: http://www.raleigh.org.hk/eng/coming/L2_Newsletter.php.

Raleigh Challenge - Wilson Trail 2011 Organizing Committee
Raleigh Hong Kong



Hong Kong
雷利計劃(香港)

Raleigh Challenge - Wilson Trail

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地址 : 香港筲箕灣亞公岩道 7 號明華大廈 J 座地下



雷利 衛徑 長征
RALEIGH CHALLENGE - WILSON TRAIL

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