

Name of Venturer: Lee Ka Ming AW (YY/MM): 05/06

Expedition Country: Costa Rica and Nicaragua Expedition Code: CR&N08J

Period of Expedition (YY/MM/DD): From 10/10/2008 to 17/12/2008

Description of Expedition Phases:

Phase I

I was assigned to the Community Project Phase and constructed a secondary school in Chirripo Indigenous Reserve, Costa Rica. The location is also known as Roca Quemada. We carried logs to the construction site & built the base framework (ground poles and floors) of the school.

Phase II

I was assigned to the Environmental Project in Miraflores Reserve, Nicaragua. We had planted more than 200 trees, mixed some organic compound for the local plantation, sanded the chairs & desks at the Ranger Station, furnished and painted the Ranger Station and built a small communal kitchen for the local community.

Phase III

I was assigned to the Adventure Phase. We finished the Macho Trek in Costa Rica, which is more than 200km and had a total climb of more than 16000m.

Between Phases

We had been chilling around in Turrialba, Costa Rica. In addition, we had a number of activities in the field base, e.g. lecture on the background of Nicaragua, Halloween and Christmas Party, Foam Party, Movie Sharing, Campfire, Sports Day, etc.

After Expedition

Originally I planned to Stay behind & go to Cuba. However, due to schedule change, I moved to Los Angeles, USA, stayed there for 4 days and back to Hong Kong.

What were the memorable moments of your expedition?

- On phrase 1, we danced with the local teachers and students.
- On phrase 2, we also danced with the local people and we had a great time.
- On phrase 3, we finished the trek and arrived the beach. Everyone is overjoyed and ran into the sunset beach.

What were the difficulties you encountered during the expedition? How did you face and overcome them?

- Physical fitness during the Community phrase. I kept a positive mind and tried my best to overcome it.
- Interpersonal relationship with my team during the Adventure phrase. I hold an open mind and finally we finished the trek in a team

What did you learn / gain in the expedition?

- Found my goal and ideal future career
- Strive of excellence & motivation
- How to cooperate with people, in particular the UK people
- Realized the Central American culture as well as the British Culture
- Spanish and English slang
- A life-long friendship with Event Manager, UK venturer, and local venturer

Photo Gallery: (Please attach at least 10 photos)



The jungle camp we lived during the Phrase I project



The work we have completed in Phrase I before we left



Making the organic fertilizer during the Phrase II project



A night gathering in phrase II



Making cements for building a communal kitchen for the village, Phrase II



During the trekking phrase, we helped the local vehicle which is stuck in the mud



A village we passed was having a party and strong music was broadcasted. So, we danced on our way for half an hour (with our backpacks on).



Getting tough: the “bed” we had on one night. It was a ruined church



One by one, we crossed this damaged bridge during the trekking phrase

